Student Checklist

Please comply with the following instructions, in the order given, to avoid a re-infestation of your room.

Prepare room for treatment...

☐ Throw out all trash.
☐ Put all clean clothes away in drawers or hang in closets. Dirty clothes may be left on the floor in the center of the room or in an open clothes hamper.
☐ Move everything from the floor of the closets to the floor in the center of the room.
☐ Place the following items in your room or hall refrigerator due to heat sensitivity. They can also be placed in your bathroom. The bathroom will not be heat treated.
  o Aerosol cans and other combustible items
  o Wax, crayons, and other items or products that could melt
  o Household cleaners, medicines and vitamins
  o Oil paintings, acrylics (art work), paintings and pictures
  o Paint (both spray and canned)
  o Arts and craft items that are assembled with hot melt glue
  o Hygiene products (i.e. shampoo, deodorant, liquid soap, etc.)
  o Fresh fruits and vegetables, shortening, chocolates, carbonated beverages
  o Vitamins, medicines, and artificial sweeteners.
☐ Gather any items you need for the minimum of 2 nights, including toiletries and class materials. Take only the essentials, thoroughly wipe them down, and place these items in the plastic container and cover them with the lid. Do not take book bags, laptop bags, purses, or gym bags with you. They are notorious for transporting bedbugs and will likely cause re-infestation when you return. Leave the container on the floor in the center of the room while you deal with your clothing. Do not place anything on or near the bed.
☐ Choose 3 sets of clothes: one set to wear to the temporary room and 2 sets to wear for the next two days. Place the 3 sets in one of the plastic bags provided by Facilities.

Prepare to move to the temporary room...

☐ Carry all the bag of clothing and the extra plastic bags to the laundry room.
☐ Remove the clothes from the plastic bags. Throw that bag away.
☐ Wash and dry the clothes on as high temperature as possible.
☐ Dry-clean items, and any of the non-clothing items where feasible, should be tossed in a hot dryer for a minimum of 20 minutes.
☐ When they come out of the dryer place 1 set of clean clothes in a new plastic bag, and the other 2 sets in a separate new plastic bag. Place the bags back into the plastic container to carry to your temporary room. Do not take these bags back into your regular room.
☐ Take the 1 set of clean clothes with you to the bathroom. Leave the clean clothes in the bag until after you have showered and washed your hair.
Once dressed, place your “dirty” clothes in that plastic bag, tie a knot in the top and toss it back in your room so they will be heat-treated. Place your towels and any other fabric items that were in the bathroom inside your room also, so they will be heat-treated.

Once you have taken your shower and put on the clean clothes, pick up the plastic bin you have packed with your belongings and immediately leave the room. Lock your room door when you leave.

Take the bag of clean clothes that you had left in the hall with you to the temporary room.

Before entering your temporary room...
- Ask yourself: has everything I am carrying into this room been wiped off, washed and dried, or at least dried on high heat before I take it in here?

When leaving temporary room to move back to your room...
- Leave keys on the dresser.
- Leave all items that were in the temporary room when you got there, including the backpack.
- Pack all your belongings in the plastic storage bin return to your room.
- Lock door when you leave.

The day after treatment...
- Be sure the plastic container is empty and ready for pick-up by Facilities.